



KINGS HEATH PRIMARY ACADEMY

*Broadening Horizons*

### **e-safety: a life skill**

At Kings Heath we recognise that while online technology is fantastic for learning and for fun, it's really important to stay safe, so we are committed to helping children manage e-safety. We help children to 'be SMART'.

**S:** stay Safe – don't give out your personal information to people, places or websites you don't know and trust.

**M:** don't Meet up – meeting someone you have only been in touch with online can be dangerous; always check with an adult you trust.

**A:** Accepting emails, files, pictures or texts from people you don't know can cause problems for you and your technology.

**R:** Reliable? Check information found online before you believe it; is the person or the website telling the truth?

**T:** Tell someone – tell an adult you trust if someone or something makes you feel worried or uncomfortable.

### **e-Safety @ Home**

Whether it's on a tablet, smartphone, games console or computer, most children will spend most of their online time at home, so it's really important they can manage e-safety themselves. Adults at home can help by:

- monitoring how long your children spend online
- talking to your children about their online activities
- knowing how to set up parental locks on any device that can get online