

## What can you do at home?

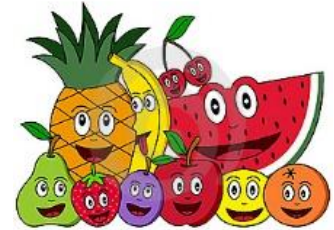
- **Cook together!** Choose a simple recipe and let your child get involved.
- **Look at food labels.** Where in the world does it come from?
- **Be healthy!** Talk as a family about the need for a balanced diet. Take a look at: <http://www.nhs.uk/change4life/Pages/change-for-life.aspx>
- **Print with potatoes.** What other vegetables could you use? Can you make a pattern?
- **Count!** Use every opportunity to count. How many bananas are in the bowl? Can you count how many chips you have?
- **Hunt for shapes.** How many triangles can you find? How many circles are in the kitchen?

**Did you know?...** Movement gets the brain going. An active body makes for an active brain, so make learning a hands-on affair.



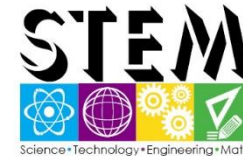
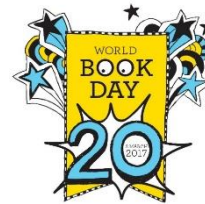
KINGS HEATH PRIMARY ACADEMY  
*Broadening Horizons*

# Food



## Nursery Term 4

### Including.....



## C&L

- use language to imagine roles in our class cafe
- listen and respond to instructions
- speak in sentences
- use a range of tenses

## PSED

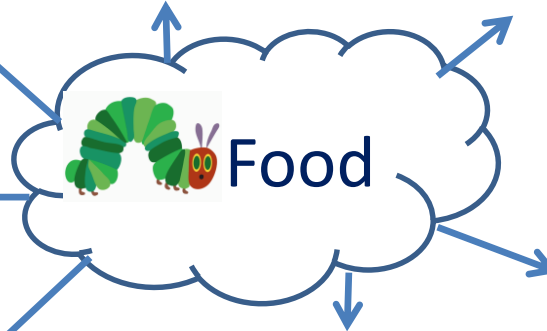
- adapt behaviour to different situations and events
- use words when asking for help
- listen carefully and join in with conversations
- ask questions to find out more

## LITERACY

- give meaning to their writing/mark making
- join in with repeated parts of stories
- listen to stories with increasing attention
- continue a rhyming string
- hear initial sounds in words

## UW

- find out and talk about fruit and vegetables
- prepare and cook a variety of simple recipes
- explore how foods can change
- use age appropriate ICT software



## PD

- hold a pencil between thumb and 2 fingers
- use space successfully, adjusting speed or changing direction
- show increasing control using equipment such as scissors
- begin to understand the need for healthy choices

## EAD

- make simple instruments
- explore colours and what happens when colours are mixed
- create simple representations of people, objects etc.

## MATHEMATICS

- recognise numbers to 5 (and beyond)
- count objects to 5 (and beyond)
- compare two groups of objects, saying when they have the same number
- talk about and name simple 2D shapes

### Nursery – Term 4 2017

Please note this information is subject to change as we adapt our planning to suit the needs and interests of the children.